

D Determine what you know about the skill to be practiced.
 > What skills or knowledge do I need in order to identify the impact of the Colombian Exchange? I need to know what happened during it, and what was traded. I also need to know what had happened afterwards and how the economy boosted after they got these new crops.

E Examine the levels of difficulty and choose the level that is best for you.
 > What makes one level harder than the next?
 It requires more creativity, and also can require more time and detail.
 > What level do you think will work best for you? Why?
 level 6, because it doesn't require too much creativity, and it seems kind of challenging and easy.

C Check your work. Change your level or create a new level if you completed Level 3.
 > What was easy about the level you chose?
 All you really did was fill in foods being on the map, and make them into a list.
 > What was difficult about the level you chose?
 You mainly had to answer them on an opinion, and get factual.

I Identify the criteria you used to make your choice.
 > What criteria did you use to select the level at which you wanted to work?
 I wanted a choice that was kind of easy, and not too challenging, but a little so it would help.
 > If you are given another opportunity to choose the difficulty of your class work, will you change the criteria? Why? No, I would not, because I think that the level of classwork that I do is not too easy and kind of, but I also want it to challenge me.

D Determine if you made a good choice and decide what you need to know/understand to move to the next level.
 > Was your choice a good one for you? Why or why not?
 Yes, it was. It was, because it made me be creative, and also challenged me to make a wise opinion on the questions, and my creative thing.
 > What do you need to know/do to move to the next level?
 I need to know how to explain more stuff, and foods that went into each country, and how they got there, and memorize them, other examples of things.

E Establish a goal for improvement.
 I want to know more examples of what foods and plants that got transferred between the continents. I want to make a goal that I study more on what got transferred, so I know it.